



# New Zealand Eating Disorders Clinic

**New Zealand Eating Disorders Clinic (NZEDC)  
& Redefined Coaching**  
present:

## HOPE NIGHT

*Inspiring Hope and  
Advocating that Recovery is Possible*

NZEDC is proud to host once more our 'Hope Night' for individuals and their families who are struggling with eating disorders and body image.

Hope Night is an opportunity for people in the midst of an eating disorder to hear recovery stories from individuals and their families that have recovered. The evening aims to inspire hope that recovery is 100% possible and encourage family members not to give up and keep fighting for their loved one.

This year, we are excited to have Genevieve Mora join us as a guest speaker.

Everyone is welcome and entry to this event is free. There is also no need to register.

**Date:** Wednesday, 13 September 2023

**Time:** 7pm-9pm

**Where:** The Upper Room, 12b Clayton Street, Newmarket, AKL 1023

**Cost:** Free

**Parking:** Free parking is at the Auckland Domain, opposite Clayton Street. Usual street parking rates apply in surrounding areas.

For any further information or questions, please email: [rbyj@nzedc.co.nz](mailto:rbyj@nzedc.co.nz)



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## About Genevieve Mora

Genevieve Mora spent most of her teenage years battling Mental Illness. As part of her recovery she has made it her mission to offer hope to those fighting mental illness. Genevieve co-founded Voices of Hope and through this uses her lived experience to show people that recovery is possible and that there is no shame in having a mental illness. Genevieve is the co-creator of Love your Kite, a global eating disorder resource app and has recently published a book titled 'Bite Back' - a compassionate guide to navigating Eating Disorders with the hope of helping others through their fight and providing practical tools to those supporting loved ones.



Clayton Street looks like a driveway. Once you walk into the 'Street' there will be a large sign saying, "Upper Room". Free parking is available at the Auckland Domain.