



New Zealand Eating Disorders Clinic

**New Zealand Eating Disorders Clinic (NZEDC)
& Redefined Coaching**
present:

HOPE NIGHT

*Inspiring Hope and
Advocating that Recovery is Possible*

NZEDC is proud to host once more our 'Hope Night' for individuals and their families who are struggling with eating disorders and body image.

Hope Night is an opportunity for people in the midst of an eating disorder to hear recovery stories from individuals and their families that have recovered. The evening aims to inspire hope that recovery is 100% possible and encourage family members not to give up and keep fighting for their loved one.

Everyone is welcome and entry to this event is free. There is also no need to register.

Date: Tuesday 20 August, 2024

Time: 7pm-9pm

Where: The Upper Room, 12b Clayton Street, Newmarket, AKL 1023

Cost: Free

Parking: Free parking is at the Auckland Domain, opposite Clayton Street. Usual street parking rates apply in surrounding areas.

Further information to follow



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